

Pelderwood Activities Calendar December 2021

at Grand Island									
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
	LOCATION KEY SA-Sunshine Avenue P – Patio *** Please Sign Up \$\$\$ Cost Involved One-on-Ones Offered Daily Programs Are Subject to Change		 I1:30 Chair Tai Chi I:30 Pet Visit with Maddie! 2:00 Music Therapy 3:30 Snowman Craft 4:15 Activity Cart 6:00 Hangman in the Lounge 	11:30 Hot Cocoa Social 2:00 Noodleball 3:00 Cooking Club: Peanut Butter Snow Balls 6:00 I Love Lucy Night	11:30 Winter Trivia 2:00 Christmas Event! 3:00 Reminiscence: 'Tis the Season for Traditions 6:00 Group Crossword Puzzle	11:00 Coffee & Donut Social 2:00 Bingo 3:30 Bean Bag Toss			
11:15 Sunday Stretches 1:30 Beach Volleyball Toss 3:00 Activity Cart 4:00 Afternoon Movie	11:30 Travel Trivia 2:00 Jewelry Making 3:00 Pick 10 6:00 Progressive Muscle Relaxation	7 11:00 Dance Circle! 2:00 Map Craft 3:00 Travelogue: Winter Around the World 6:00 Board Game Night	I 0:30 LIVE! Music with Brad & Michele I:30 Pet Visit with Maddie! 2:00 Bingo 3:30 Happy Hour & Tunes 4:15 Activity Cart 6:00 Trivia in the Lounge	11:30 Chair Yoga 1:30 Resident Council 3:00 Cooking Club:	10:30 Music Therapy 11:30 Where Have You Been? 2:00 Decorate Your Own Sleigh 3:00 Bowling 6:00 Travel Scattergories	II:00 Paper Garland Craft2:00 Bingo3:30 Movie: "Homeward Bound" & Popcorn			
I 1:15 Coffee and Pastries I 2:00 Bills Tailgate Party! 3:00 Activity Cart 4:00 Bingo	11:30 Move & Groove 2:00 Hockey Highlights 3:00 Snowball Toss 6:00 Self-Care Night	 I 1:30 Bowling 2:00 Winter Sports Topic Talks 3:00 Famous Sports Anthems 6:00 Board Game Night 	 I1:30 Wii Sports I:30 Pet Visit with Maddie! 2:00 Bingo 3:15 Mid-Week Movie: "Miracle" 4:30 Activity Cart 6:00 Junk Drawer Detective 	11:30 Music & Rhythm 2:00 Noodle Hockey 3:00 Cooking Club: Dessert Trifles 6:00 Three Stooges Night	11:30 Chair Yoga 2:00 Happy Hour: Chocolate Covered Pretzel Bar 3:00 Ice Skate Craft 6:00 Group Crossword Puzzle	I 1:00 Good News and Scones 2:00 Bingo 3:30 Name that Team!			
11:15 Sunday Stretches 1:30 Holiday Tree Craft 3:00 Activity Cart 4:00 Afternoon Movie	10:30 LIVE! Music and Bingo with Sing-o 2:00 Chair Zumba 3:00 Holiday Wreaths 6:00 Meditation Story Time	11:30 Seated Stretches 2:00 Gingerbread House Decorating 3:00 Holidays Around the World 6:00 Board Game Night	I 1:30 Holiday Scent Game I:30 Pet Visit with Maddie! 2:00 Bingo 3:30 Happy Hour & Tunes 4:15 Ornament Craft 6:00 Activity Cart	11:30 Make Your Own Snow Globe 2:00 Holiday Party! 3:30 Cooking Club: Christmas Cookies 6:00 Holiday Light Shows	11:30 Holiday Music & Refreshments 2:00 Decorate Stockings 3:00 Bowling 6:00 The Night Before Christmas Scattergories	9:00 Holiday Presents 11:00 Christmas Coffee Social 2:00 Holiday Bingo 4:00 Movie: "A Christmas Story" & Popcorn Christmas Day			
11:15 Coffee Social 1:30 Timeless Trivia 3:00 Activity Cart 4:00 Bingo	11:30 Music & Rhythm 2:00 Word Scramble 3:00 Afternoon Stretches 6:00 Self-Care Night	11:30 Noodle Target Shoot 2:00 Sensory Shakers 3:00 Firework Craft 6:00 Board Game Night	11:30 Famous Faces 1:30 Pet Visit with Maddie! 2:00 Bingo 3:30 Mid-Week Spa 4:15 Activity Cart 6:00 Trivia in the Lounge	3011:30 Chair Yoga2:00 Creative Coloring3:00 Cooking Club: Dips!6:00 The Carol BurnetteShow	31 11:00 NYE Scavenger Hunt 2:00 Happy Hour: NYE Snacks & Refreshments 3:00 New Year's Resolutions 6:00 Watch "New Year's Rockin' Eve!" New Year's Eve				



Activities Calendar

December 2021 Seasons

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
	LOCATION KEY BB-Blossom Boulevard P – Patio SA- Sunshine Avenue *** Please Sign Up \$\$\$ Cost Involved One-on-Ones Offered Daily Programs Are Subject to Change!		9:45 Wednesday Wake Up 10:30 Stretching to the Oldies 1:00 Pet Visit with Maddie! 2:30 Music Therapy 3:15 Snowman Craft 4:00 Dinner Prep 6:00 Mid-Week Spa Night	9:45 Travelogue Thursdays: Alaska 10:45 Story Time with Pastor Dave 1:15 Volleyball in the Lounge 2:30 Cooking Club: Cookies! 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Creative Arts	9:45 Reminiscence: Taste of the Holidays 10:30 Tai Chi 1:15 Walking Club (BB) 2:00 Holiday Event (SA) 3:15 Sensory Bins 4:00 Dinner Prep 6:00 TCM – Evening Movie	9:30 Noodle Stretches & Music 10:30 Brain Games 1:30 Sensory Balance 2:00 Saturday Movie & Drinks 4:00 Dinner Prep				
10:30 Sunday Stretches 1:30 Sensory Balance 2:30 Creative Coloring 4:00 Dinner Prep	9:45 Mindfulness Monday 10:30 Noodleball 1:15 Walking Club (BB) 2:30 Map Craft 3:15 Aromatherapy 4:00 Dinner Prep 6:00 Self-Care Night	9:45 Topic Talk Tuesday: 7 Where Have You Been? 10:30 Dance Circle! 1:15 Comedy Hour 2:30 Bowling 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Tranquility Tuesday	I 0:30 LIVE! Music with Brad & Michele (SA) I:00 Pet Visit with Maddie! 2:30 Tea-Time & Music 3:15 Travel Trivia 4:00 Dinner Prep 6:00 Mid-Week Spa Night	9:45 Travelogue Thursdays: Australian Outback 10:45 Story Time with Pastor Dave 1:15 Volleyball in the Lounge 1:30 Resident Council 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Creative Arts	9:30 Reminiscence: Vision of Sugar Plums 10:00 Music Therapy 1:15 Walking Club (BB) 2:45 Happy Hour: Music & Drinks 3:15 Sensory Bins 4:00 Dinner Prep 6:00 The Andy Griffith Show	9:30 Beach Ball Toss & Music 10:30 Brain Games 1:30 Sensory Balance 2:00 Saturday Movie & Drinks 4:00 Dinner Prep				
10:30 Sunday Stretches 12:00 Bills Tailgate Party 1:30 Sensory Balance 2:30 Memory Magic 4:00 Dinner Prep	9:45 Music Monday 10:30 Noodle Stretches 1:15 Walking Club (BB) 2:30 Noodle Hockey 3:15 Aromatherapy 4:00 Dinner Prep 6:00 Self-Care Night	9:45 Topic Talk Tuesday: Vinter Sports 10:30 Move it or Lose It! 1:15 Comedy Hour 2:30 Bowling 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Tranquility Tuesday	9:45 Wednesday Wake Up 5 10:30 Stretching to the Oldies 1:00 Pet Visit with Maddie! 2:30 Tea-Time & Music 3:15 Afternoon Movie: "Miracle" 4:00 Dinner Prep 6:00 Mid-Week Spa Night	9:45 Travelogue Thursdays: Winter Olympics Tour 10:45 Story Time with Pastor Dave 1:15 Snowball Toss 2:30 Ice Skate Craft 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Creative Arts	9:45 Reminiscence: Deck the Halls 10:30 Tai Chi 1:15 Walking Club (BB) 2:45 Happy Hour: Music & Drinks 3:15 Sensory Bins 4:00 Dinner Prep 6:00 TCM – Evening Movie	9:30 Morning Stretch & Music 10:30 Brain Games 1:30 Sensory Balance 2:00 Saturday Movie & Drinks 4:00 Dinner Prep				
10:30 Sunday Stretches 1:30 Sensory Balance 2:30 Watercolor Painting 4:00 Dinner Prep	10:30 LIVE! Bingo & 20 Music with Singo (SA) 1:15 Walking Club (BB) 2:30 Holiday Tree Craft 3:15 Aromatherapy 4:00 Dinner Prep 6:00 Self-Care Night	4:00 Dinner Prep	9:45 Wednesday Wake Up 22 10:30 Stretching to the Holiday Hits 1:00 Pet Visit with Maddie! 2:30 Tea-Time & Music 3:15 I Got It! 4:00 Dinner Prep 6:00 Mid-Week Spa Night	9:45 Travelogue Thursdays: Christmas Around the World 10:45 Story Time with Pastor Dave 1:15 Volleyball in the Lounge 2:30 Make Your Own Snow Globe 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Creative Arts	9:45 Reminiscence: Rockin' 24 Around the Christmas Tree 10:30 Chair Yoga 1:15 Stocking Decorating 2:45 Happy Hour: Holiday Tunes & Drinks 3:15 Sensory Bins 4:00 Dinner Prep 6:00 Evening Holiday Movie	9:15 Holiday Gifts 25 10:30 Holiday Trivia & Candy Cane Coffee 1:30 Christmas Coloring 2:00 Saturday Movie & Drinks 4:00 Dinner Prep Christmas Day				
10:30 Sunday Stretches 1:30 Sensory Balance 2:30 Memory Magic 4:00 Dinner Prep	9:45 Music Monday 27 10:30 Noodleball 1:15 Walking Club (BB) 2:30 Sensory Shakers 3:15 Aromatherapy 4:00 Dinner Prep 6:00 Self-Care Night	Resolutions and the New Year 10:30 Move it or Lose It! 1:15 Comedy Hour 2:30 Bowling 3:15 Sensory Balance 4:00 Dinner Prep	9:45 Wednesday Wake 29 Up 10:30 Stretching to the Oldies 1:00 Pet Visit with Maddie! 2:30 Tea-Time & Music 3:15 Afternoon Board Games 4:00 Dinner Prep 6:00 Mid-Week Spa Night	9:45 Travelogue Thursdays: 30 Japan 10:45 Story Time with Pastor Dave 1:15 Volleyball in the Lounge 2:30 Photo Frame Decorating 3:15 Sensory Balance 4:00 Dinner Prep 6:00 Creative Arts	9:45 Reminiscence: 'Tis the Season for Traditions 10:30 Tai Chi 1:15 Walking Club (BB) 2:45 Happy Hour: NYE Snacks & Refreshments 3:15 Sensory Bins 4:00 Dinner Prep 6:00 Watch "New Year's Rockin' Eve" New Year's Eve					